











## Service

President : Rtn DR Saida Parveen Secretary : Rtn Amit Bhagat

Assistant Governor (Zone III) : Rtn Chandan Roy Bulletin Editor : Rtn Binay Kumar Pathak

Joint Editor : Rtn Jotirmoy Choudhury

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Rtn. Binoy Kumar Pathak Editor RY 2025-2026

## Editorial

Very Good Evening Rotarians,

The Club activities related to the nourishment, learning and sports occupied the centre stage in the second week of the Rotary month August. A well nourished body and brain functions better, supports cognitive development, enhances focus and memory. A balanced diet consisting balanced proportion of carbohydrate, protein, iron, zink, vitamin B complex micronutrients like riboflavin, methylcobalamin, phosphorus play crucial role in development, co-ordination and functioning of the faculties of the body.

Regular physical activities with proper amount of good rest through sleep boosts the physical and mental faculties, which in turn prepares a body and mind for the day today challanges in progressive life. The sports develops focus descipline, good communication and creativity in thought and planning. This habit instills descipline, teamwork, good productive efforts, in academic, athletic, and practical life. The positive faculties dissipate the accruing stresses and anxiety.

These community guided programmes encourages spread of this message to a larger section of people cutting across the horizontal and /or vertical divisions. The cumulative effect of balance amongst nourishment, learning and sports is posotive, constructive and good for society.

Proceedings of 3293rd Regular Weekly Meeting of Rotary Club of Burdwan held on 07.08.2025 at 7.00 p.m. at Rotary Bhaban, Borehat, Burdwan.

President Rtn. Dr Saida Parveen called the meeting to order.

In absence of Hony. Secretary, Rtn Rajesh Surana executed the duty of Secretary.

Members sang 'National Anthem'.

Object of Rotary was recited by PP Rtn.Jitendranath Mondal .

PP Rtn.Srikanta Ganguly read over the 4-way test.

Proceedings of 3292nd Regular Weekly Meeting circulated among the members were confirmed.

Presidential announcement:

Renowned chess player Grand Master Sri Dibyendu Barua inaugurated the chess academy at our club building on 6th August in the afternoon. Trainees, Guardians and our members attended the programme.













Rtn. Rita Ghosh and Rtn. Puja Banerjee narrated the inaugural programme before the members.

President informed the decisions taken in the last Board meeting on 5th August.

Independence Day will be celebrated on 15th August at 9 a.m. sharp. Members are requested to attend the programme on that date. After this programme members will visit Blind School and distribute fruits and sweets to the inmates.

To commemorate the Youth Day, a basketball tournament will be organized at Sri Aurobinda Stadium.

Rtn. Prasenjit Bhattacherjee proposed to upgrade a Anganwadi centre named 'Sishu Alay' has been approved.

Our club will host 'Membership Seminar' on 31st August at Sincleres. This seminar will start registration at 4 a.m. PP Rtn. Dr Mahmood Hossain placed a brief report of the seminar.

Our club will make 100% registration in the 'Membership Seminar'.

District Governor's official visit has been fixed on 29th August.

Our club observed breast feeding day at 'Sri Aurobinda Stadium'.

A proposal received from the members as regards of President elect for the year 2025-26. President read over the proposal before the members. This matter will be discussed and finalized after Membership Seminar.

PP Rtn. Dr Pallavi Maji after visiting Srilanka shared her experience before the members. Rtn. Mousumi Tewari made the following fellowship announcement.

Birthday of: 1) Rtn. Snigdha Choudhury on 12th August 2) PP Rtn. Arvinda Khandelwal on 13th August.

Wedding Anniversary of 1) Rtn. Sandip Ghosh and Trisha on 11th August

2) PP Rtn. Goutam Tah and Sarmila on 12th August.

Members wished many more happy returns of the day.

Rtn. Dr. Arindam Mondal, Sergeant-At-Arms, reported as follows:

Total members ...83

Members present...49.

The meeting was adjourned.

President.

## Regular Weekly Meeting



















we are organizing an awareness camp on benefits of breast feeding for newborn baby and mother at Badamtala ICDS Center at 4:30 pm.



Raksha bandhan

















Basketball Tournament at Arvind Stadium



Monthly Diabetes and Health checkup clinic

